

LIFELINE

Salt Lake
Central
Office
Newsletter

January 2025



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1ST STEP

BEFORE I came to AA, I took Step One slowly, over a period of years. It was not AA people who helped me with it. Instead, it was all the nonalcoholics who misunderstood and mistreated both me and my disease. In retrospect, I am grateful for their harshness. It forced me to AA, twenty-five years ago this month.

That first faltering step I took to AA recovery was not placed exactly in the First of the twelve footprints left us as a guide by the earliest AA members. But before I came to AA I had begun to realize that my drinking was causing me trouble.

This, of course, was hard to believe; so many other people who drank did not get into trouble. My life presented a tough sequence of problems, yes; but I argued (with myself) that drinking surely was not the cause. Fate had just handed me unfair breaks: my family, my love life, my bosses and jobs, my unsteady finances, my friends, my insomnia, my nervousness.

So I desperately kept trying to prove that drinking was not one of my problems. If I was a failure at drinking, rather than a success, it wasn't for lack of trying! Looking back, it is not so hard to understand now why it was difficult for me, as it has been for others, to accept this inability to drink (for which pharmacological addiction provides a simple explanation). The rewards,

pleasures, and gratifications of drinking were so overpoweringly great. Drinking was easy to do, and it worked almost instantaneously, anesthetizing any discomfort as if by magic. It was socially acceptable; my whole social life, all the activities I considered fun, were accompanied by drinking.

The idea of *not* drinking was so unfamiliar to me that it was frightening. If I thought of a nondrinking life at all, I thought of it as a cheerless existence devoid of grace and charm. To give up drinking would mean turning into the bluenosed, narrow-minded, Puritan type.

It is important now for me to remember that my entire style of life was at stake, not just the apparent benefits of alcohol. Lying to people and sinking into gloomy self-pity were habits neither unfamiliar to me nor frightening. I was thoroughly comfortable with them--even, in a way, found them enjoyable. Besides, "I was drunk at the time" was a marvelous excuse to have when I did shameful things.

Giving up drinking, then, looked like an unpleasant, unendurably long-term proposition. Anyhow, it wouldn't be necessary, would it, *if* other people would just change?

But they didn't. They got worse. My family, in their displeasure with me, pointed clearly to drinking as the source of my troubles.

Cont on page 2

1ST STEP

Cont from page 1

Friends who expressed concern and bosses who fired me helped drive home that truth. Kind strangers and bartenders who shook their heads while being helpful all said, in effect, "You should not drink." A cop who jailed me for being drunk and disorderly, a doctor who scolded me for drinking too much, a grocer who wanted his money, and a bouncer who shoved me out a tavern door all reinforced the lesson.

My repeated solo failures to "do better" kept building an interior despair which finally crushed my false reasoning and false pride. Hung there at the edge of madness, I read a newspaper story about AA. And so, on the day I first telephoned AA, I was not struggling too hard against the mountains of undeniable proof that my life was one awful mess because of my drinking. I had also already admitted, unwillingly, that I could not handle alcohol.

Those admissions of mine are not necessarily identical to scientific diagnosis of the disease of alcoholism, of course. Any well-trained physician, alcoholism counselor, or other professional familiar with Dr. Jellinek's classic list of the symptoms of alcoholism, can correctly determine whether or not a given drinker has the symptoms.

But such diagnosis by another person is not a step toward recovery for the drinker--until he himself takes the First Step. I took it blindly at the start, and that was not the best way for me, although any beginning is better than none. In subsequent AA years, through conscious, systematic efforts to understand and practice all the Steps, I have found that they repeatedly come to have new and surprising values.

For me, the hardest part of that First Step has been in the implications of the statement that my life had become unmanageable. With the effects of booze a bit behind me, I could see more plainly than ever what a mess my life was, what a job lay before me. And it became clearer than ever that, in order to stay sober, I had to undertake a mammoth overhaul of myself in many aspects which, at first, seemed unrelated to drinking.

In short, stepping into the first footprint that led from the dismal swamp of alcoholism toward the sunlight of sobriety would not take me far enough. Would I muddle along on some little trail of my own in the weeds, vaguely paralleling the clearly marked AA road? Or would I choose to follow in

the exact footsteps of the AAs who had preceded? The choice was up to me. I could do either, but I had to cover the whole trail if I wanted to get where the others were. Since I had already taken Step One, I could decide to stop right there. I could just dry up, period. I could survive like a raisin the rest of my life.

Going the whole route looked too hard, until someone said to me, "One step at a time." So I looked ahead, along the path marked by the footprints of hope, commitment, and action. All around me were many happy, sober people who had walked that path. Listening intently to their stories, I heard some more horrifying than mine, others less so. But it was plain that all these alcoholics had once felt the same hopelessness, fear, pain, and anger I had experienced.

It was also obvious that people with drinking troubles like mine could come out of them and unbelievable as it seemed at first, laugh at them! It was evident, too, that these people had much knowledge of alcoholism that I did not have. They knew that it was an illness, that it could deceive its victims, that the danger lay in the first drink.

They had some magic or information, secrets or power which I lacked, but which might get me out of the fix I was in. I had to believe what I saw: that some power wiser, stronger, or greater than mine could restore me to health. Next came a decision I did not even notice making at the time: to try this AA plan of theirs, even though I did not understand it. Some said it was God doing the good work, but I saw unbelievers like me being helped, too. So what had I to lose by going along?

Beginning with the First Step, I have found the following Steps out of alcoholism to be true and benevolent. I still know of no other suggestions more effective as a program of recovery.

- B. L. Manhattan, NY

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A DECLARATION OF UNITY

This we owe to AA's future: To place our common welfare first; to keep our fellowship united. For on AA unity depend our lives and the lives of those to come.

BLAST FROM THE PAST

The Value of AA in Prison

There are many persons who wonder, and naturally so, unless they are thoroughly familiar with the underlying principles of Alcoholics Anonymous, what place or need it has in prison. They often say; what use have they for AA in a place where alcohol isn't available. It is estimated after careful study of the case histories of the inmate population, that 78% of the men here, are here directly or indirectly as the result of alcohol.

In most cases the undercover cause of drinking, is their improper thinking. (stinking thinking as we call it in AA) Many are antisocial due to this, which is the result of resentment. They blame everybody and everything but themselves, for the difficulties they have encountered.

This condition exists in nearly every true alcoholic, in prison or out. However; in prison this neurotic malady is magnified a thousand fold. To those persons that have never been deprived of their liberty, this may not have the significance it would to those that have had this misfortune.

In our group here at the prison, we try to emphasize the fact, that no man can reach his full stature, as to usefulness, unless he completely realizes his responsibility to his fellowman, his community and his country. In order that he may achieve this state of sympathetic accord with life. He must first bring his spiritual being, his mentality, process of reasoning, understanding of Universal creative energy and intelligence, into harmony with the thoughts and action of his daily life.

By so doing, he can then feel the more delicate impulses, that are being constantly sent out by the Supreme Intelligence. Our ability to receive these impulses, depends largely upon our knowledge of the natural laws that govern their existence, and the proper method of interception and interpretation of their meaning and their use.

Therefore: man's usefulness in this sphere where he now exists, depends largely upon the amount of Supreme Intelligence, he is able to receive and correctly construe. It is between the point of reception and the actual act or deeds that follow, that represents man's free agency. He may or may not direct this knowledge in the right channels. His responsibility rests at this point. This conclusion is not necessarily theological but a basic fact.

It is in this realm of thought and study, that AA in prison reaches its full capacity of helpfulness. The study and application of the twelve steps, unfolds a new way of life and the assurance of a full and useful existence, in the freedom and liberty we so humbly seek to regain.

Complete sobriety is a long way from just a drying out process. It is the rebirth of mind, body and soul.

- Lee D.P.

Editor A.A. Target

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Gratitude

Gratitude unlocks the fullness of life
It turns what we have into enough
And more
It turns denial into acceptance
Chaos to order
Confusion to clarity
It can turn a meal into a feast
A house into a home
A stranger into a friend
- Melody Beattie

CENTRAL OFFICE Board of Trustees

Chairperson — Brad C. board@saltlakeaa.org
Co-Chair — Alan B. cochair@saltlakeaa.org
Secretary — Jennie S. secretary@saltlakeaa.org
Treasurer — Chris G. treasurer@saltlakeaa.org
Trustee (2) — Jeremy trustee02@saltlakeaa.org
Trustee (10) — Declan trustee10@saltlakeaa.org
Trustee (13) — Julia trustee13@saltlakeaa.org
Trustee (11) — "OPEN" trustee11@saltlakeaa.org
Alt Trustee — 2 Positions "OPEN"

SEVENTH TRADITION Contribution Addresses

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Area 69 Treasurer
PO Box 18134
Kearns, UT 84118

District 10 Treasurer
P.O. Box 57271
Murray, UT 84157

Salt Lake Central Office
80 West Louise Ave.
Salt Lake City, UT 84115
(Please include group name)

District 2 Treasurer
P.O. Box 615
Salt Lake City, UT 84110

District 11 Treasurer
P.O. Box 461
Bountiful, UT 84011

District 13 Treasurer
P.O. Box 95383
South Jordan, UT 84095

CENTRAL OFFICE Standing Committee Chairs

Activities — Vince activities@saltlakeaa.org
Archives — "OPEN" archives@saltlakeaa.org
By-laws — "OPEN" bylaws@saltlakeaa.org
Literature — Charlie T. literature@saltlakeaa.org
Coins — "OPEN" coins@saltlakeaa.org
Public Info — Melissa E. pi@saltlakeaa.org
Cooperation with Professionals — "OPEN"
pc@saltlakeaa.org
Corrections - "OPEN" corrections@saltlakeaa.org
Outreach — Brian outreach@saltlakeaa.org
Hotline — Blake hotline@saltlakeaa.org
Newsletter — Danny B. lifeline@saltlakeaa.org
Technology — Nick C. it@saltlakeaa.org
Alternate Technology - "OPEN" it@saltlakeaa.org
Treatment & Accessibility — "OPEN"
treatment@saltlakeaa.org
Twelfth Step - Jerry E. 12step@saltlakeaa.org
Volunteer — Kim volunteer@saltlakeaa.org
Website — "OPEN" webservant@saltlakeaa.org

Do you have a local AA event or a new meeting you would like to add to the Central Office Website? Please contact webservant@saltlakeaa.org

Subscribe to Lifeline via email or USPS at www.saltlakeaa.org

Central Office Meeting Minutes - 12/10/2024

"Serving Our Community for Over 76 years"

December Rep Meeting Minutes

Chairperson: Wade J. — Opened the meeting with introductions.

Attendees - Positions and/or Homegroup Representation

Wade - Outgoing Chair

Jennie - Secretary/Speak Easy Ladies

Elan - Outgoing Technology

Danny - Newsletter/Primary Purpose

Kim - Outgoing Activities

Max - Outgoing Hotline/incoming

Charlie T. - Literature

Ben - Outgoing Archives

Jeff - Outgoing Webservant

Karmina - Outgoing CPC

Brad - Outgoing By-Laws/incoming Chair

Chris G - Treasurer/Spreading the Message

Declan - Trustee District 10/No Nonsense

John S. - Outgoing District 2/DNS Group

Alan - Outgoing Trustee District 13/incoming Co-Chair

Serena E. - Outgoing Corrections/Old Fashioned AA

Melissa E. - Incoming Public Info

Julia M - Incoming Trustee District 13 Trustee/Hillcrest

Blake S. - Incoming Hotline

Nick C. - Incoming Tech/Sugarhouse Men's

Ryan A. - Early Beginnings

Ben S. - Murray Group

LeeAnn P. - An AA Group

Luci S - Saturday Morning Sots

Vince S. - Murray Alano Club

Riley S. - Salt Lake Young Peoples

Jenna B - Vision for you

Liz M. - Up Group

James P. - City at Seven

Joe H. - Visiting/City at Seven

Sean L. - Balkers Big Book

Sue W - Conscious Contact

Tullivan - Sunday Morning Big Book Study

Rylee - Midvale Lunch Bunch

Lindsey - South Davis Group

Grady - Park City Mens Stag

Derek - Draper Group

Charisse E. - Stonewall Group

Elections

Chairperson: Brad C. stood. Home Group: Sobriety Date: 11/26/1986. Voted in by unanimous accord.

Co-Chairperson: Alan stood. Sobriety Date: 2/19/1988. Voted in by unanimous accord.

Secretary: Jennie S. There is a sign-in sheet on the clipboard circulating around the room. Please fill in your name and Home Group so I can start noting attendees in the minutes. Declan made a motion to approve November CO Rep Minutes/Ryan seconded.

Treasurer: Chris G.

Here are the group contributions for November. Very slow month - \$1,633 in contributions versus \$3,186 last November. We're now about even with donations from 2023 through November. See attached November Group Contributions. 4600 Net income was positive at \$1,565.38

Elan made a motion to approve the November Financials as read/Charlie seconded. Motion to approve the November Financials as written. PASSED.

Trustee at Large (District 2 liaison): John S./Jeremy (incoming). See attached District 2 Newsletter. John mentioned that Area 69 is going to have a plain language big book read through starting 1/25 here at Central Office.

Trustee at Large (District 10 liaison): Declan Ó F.

Elections last month. They had a Pass the Gavel event to transition out/into the District positions. They want to devote more meeting time to the GSRs instead of the Chairs. Betsy, corrections chair, has 30 active volunteers with 20 that have completed classes.

Trustee at Large (District 11 liaison): Phillip W./OPEN

Started as Central Office Rep and transitioned to Trustee, has been trying to fill his position - available to train. No one stood.

Trustee at Large (District 13 liaison): Alan B./Julia (incoming)

I was out of town and unable to attend the November District 13 meeting but will be attending the December meeting with our newest Trustee, Julia. I do know that they are doing well and continue to fill their chairs for the upcoming 2 years. Their GSR meetings are well attended and I have thoroughly enjoyed my 2 years being the District 13 Liaison. Like all of our Central Office jobs it allowed me to meet new AA friends and see some old friends I had not seen since the splitting of Districts 10 and 13. Come join us and enjoy the journey of sobriety.

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CENTRAL OFFICE MEETING MINUTES - 12/10/2024

Continued from page 5

If you have any questions regarding District 13 please reach out to myself or Julia. It has been an honor and I thank you for letting me serve.

Alternate Trustee At Large #1: OPEN Elections: No one stood.

Alternate Trustee At Large #2: OPEN Elections: No One stood.

STANDING COMMITTEE CHAIR REPORTS

Hotline: Max D. - (incoming Blake) He has the process well oiled, not difficult, he needs to retire. Went through specifics of the position; answering phone calls in shifts. Currently has 46 volunteers that are versed. Elections: Blake stood. Home Group: Sugarhouse Mens, Sobriety Date: 10/19/2017. Voted in by unanimous accord.

Twelfth Step: Charlie C./Jerry E. (incoming) n/a

Activities: Kim B./Vince (incoming) We have the 13th Anniversary of an All-Volunteer Central Office on 1/18/25. Come meet the board, committee chairs, and volunteers! Elections: Vince stood. Home Group: Murray Alano Club, Sobriety Date: 4/29/2023. John made a motion to waive the sobriety requirement of 2 years for Vince, seconded by Declan. This motion PASSED unanimously. Voted in by unanimous accord.

Newsletter: Danny B. Needs articles for January - feel free to write on Tradition 1/Step 1, or anything else AA-related! Could also use more group birthdays!

Outreach: Brian (incoming) nothing to report.

Website: Jeff P./OPEN Traffic is steady at roughly 4800 visitors each month. Submissions for events are slow, please notify groups that these can be submitted via email. Elections: No one stood.

By-Laws: Brad C./Max (incoming) With regard to the previous agenda item of proposed AI-generated edits to our bylaws, Wade took a vote to determine if the reps were ready to vote on approval of the edited bylaws immediately. The consensus was "yes", so he made a motion to that effect. The motion to approve the AI-generated bylaws received over 2/3rds approval, and the chair asked if the dissenters wished to articulate a minority opinion. Jennie was among those opposed, and rose to explain that she felt the proposed changes were obscure and difficult to parse without a side-by-side comparison with the original language, and that the bylaws were important enough that she would like to present such a comparison that the reps could take back to their homegroups for discussion. A re-vote on the motion was taken and two people changed their votes based on the minority opinion, noting their support for this additional review in the interest of transparency. The final vote tally on the motion to adopt the AI-generated bylaws was 18 for to 11 against, below the 2/3 threshold for passage. Motion FAILED and tabled until next year.

By-Laws: Max stood. Home Group: City at Seven, Sobriety Date: 1/20/2022. Voted in by unanimous accord.

Volunteer: Bob C./OPEN Has a list summarizing the duties of being a volunteer coordinator. Got fire extinguishers updated. Elections: No one stood.

Volunteer Chair: Kim stood. Home Group: Up Group, Sobriety Date: 3/23/2009. Voted in by unanimous accord.

Literature: Jim S./Charlie (incoming) Jim won't be here for the rest of the year due to medical concerns; as a reminder, Charlie was elected to finish out Jim's term last month. Charlie has been working on standardizing the prices of our inventory. Sold last 5 cases of Plain Language Big Books tonight, has more ordered.

Archives: Ben H./OPEN Ben had Wade read a history of a Big Book signed by Lois Wilson that he has acquired (see attached) and passed it around. He also brought out a few more books that are normally in the safe for everyone to review. Elections: No one stood.

Treatment Facilities and Accessibilities: Charlie T./OPEN Had their 1st meeting at the Veteran's ward at the Sandstone nursing home. Taking a meeting into Cornerstone Counseling. Wade asked him to get this meeting on the meeting list, but it's not an open meeting. Hoping to get a solid panel of four people willing to go every week so please call him at 385-695-9181 if you are interested. 10 am on Thursdays. Elections: No one stood.

Corrections: Serena C./OPEN Elections: no one stood.

I purchased a case of Daily Reflections with the remainder of my 2024 budget. The handy little books went to SL Metro Jail last weekend. District 10 still needs a new chairperson so if you know anyone who is interested, let me know and I can pass along your info. It's been an honor and a pleasure to be involved in Central Office for the last 2 years. Thanks for letting me be of service! Catherine has been elected as the new corrections chair. District 2 has also filled their corrections position. Elections: No one stood.

Cooperation with Professionals: Karmina B./OPEN Nothing to report. Elections: No one stood.

Public Information: Melissa (incoming) - Nothing to report.

Coins: Kathy M./OPEN n/a Elections: No one stood.

Technology: Elan B./Nick (incoming) Nothing to report. Asked incoming board and committee chairs to coordinate with him to get their saltlakeaa.org emails.

Alternate Technology: OPEN Elections: No one stood

OLD BUSINESS: see "By-Laws"

NEW BUSINESS: none

Meeting closed at 7:35 PM with the Responsibility Statement.

Next Central Office Rep meeting will be held on 1/14/2025 @ 6:30 pm.

PAMPHLET OF THE MONTH



Many of us thought we were different

“A.A. won’t work for me. I’m too far gone.” “It’s nice for those people, but I’m president of the P.T.A.” I’m too old. Too young. Not religious enough. I’m gay. Or Jewish. A professional person. A member of the clergy. Too smart. Or too uneducated.

At this moment, people all over the world are thinking that A.A. probably won’t work in their case for one or several of these reasons. Perhaps you are one of these people.

We in A.A. believe alcoholism is a disease that is no respecter of age, gender, creed, race, wealth, occupation, or education. It strikes at random. Our experience seems to show that anyone can be an alcoholic. And, beyond question, anyone who wants to stop drinking is welcome in A.A.

JOKE OF THE MONTH

Marriage is About Sharing

He ordered one hamburger, one order of French fries, and one drink. The old man unwrapped the plain hamburger and carefully cut it in half. He placed one half in front of his wife. He then carefully counted out the French fries, dividing them into two piles and neatly placed one pile in front of his wife.

He took a sip of the drink, his wife took a sip and then set the cup down between them. As he began to eat his few bites of hamburger, the people around them kept looking over and whispering. You could tell they were thinking. “That poor old couple; all they can afford is one meal for the two of them.”

As the man began to eat his fries, a young man came to the table. He politely offered to buy another meal for the old couple. The old man said they were just fine; they were used to sharing everything.

The surrounding people noticed the little old lady hadn’t eaten a bite. She sat there watching her husband eat and occasionally taking turns sipping the drink.

Again, the young man came over and begged them to let him buy another meal for them. This time the old woman said, “No thank you, we are used to sharing everything.”

As the old man finished and was wiping his face neatly with the napkin, the young man again came over to the little old lady who had yet to eat a single bit of food and asked, “What is it you are waiting for?”

She answered, “THE TEETH”

CENTRAL OFFICE FINANCIALS – NOVEMBER 2024

<u>Income Statement</u>	2024	2023
<u>Revenue</u>		
Group Contributions	\$1,288.58	\$2,370.83
Contributions - Other	\$559.60	\$749.32
Discount Income	\$(46.12)	\$ -
Purple Can Contributions	\$ -	\$268.13
Sales of Product Income	\$11,673.75	\$10,129.17
Total Income:	\$13,475.81	\$13,517.45
Cost of Goods Sold	\$5,905.86	\$8,265.03
<u>Gross Profit</u>	\$7,569.95	\$5,252.42
<u>Expenses</u>		
Accountant	\$630.00	\$630.00
Bank and Square fees	\$231.20	\$187.00
Activities and Corrections	\$346.85	\$268.91
Cash Over Short	\$148.53	\$0
Insurance	\$562.50	\$ -
Printing, Paper & Reproduction	\$747.33	\$431.94
Purple Can Expenses	\$850.00	\$100.00
Rent	\$1,500.00	\$1,500.00
Security Alarm	\$74.85	\$74.85
Software and Hardware	\$407.97	\$342.57
Utilities, Electrical and Garage	\$283.87	\$284.24
Phone & Internet	\$252.08	\$239.94
Website	\$23.99	\$194.54
Total Expenses:	\$6,059.17	\$6,079.86
NET OPERATING INCOME	\$1,510.78	\$(827.44)
Interest Income	\$54.60	\$39.01
Net Income:	\$1,565.38	\$(788.43)

Please Note: According to the Central Office Bylaws it is required to have 6 months overhead in the prudent reserve. Average monthly costs are \$5,000 per month, or \$30,000 for 6 months.

Thank you everyone for your donations!!

GROUP CONTRIBUTIONS – NOVEMBER

5-15 Happy Hour	\$115.00
AA No Nonsense Group	\$92.00
Conscious Contact	\$103.00
DNS	\$3.00
Early Beginnings	\$100.00
Every Night Firelight	\$75.00
Honeys Breakfast Club	\$5.00
Hope on 90th	\$184.78
Magna Friendly Bunch	\$250.00
Rise and Grind	\$360.00
Rule 62	\$97.80
Tooele Beginners	\$37.50
Vincent's Friends	\$100.00
Women BB Study	\$110.00
Monthly Total	\$1,633.08
2023	\$3,186.00
Year Over Year Change	-48.74%

Thank you so much for all the groups and individuals who donated.

Donate here



Tradition Seven

"Every A.A. group ought to be fully self-supporting, declining outside contributions."

BIRTHDAYS

MIDVALE LUNCH BUNCH

Melissa - 6 Yrs Karen Ba. - 13 Yrs
 Dave - 1 Yr Kip C. - 34 Yrs
 Eric - 18 Mos JD - 9 Mos
 Sondra - 1 Mo Brett 15 Yrs

THUNDER HEART

Haley T. — 4 Yrs Ernie O. - 36 Yrs
 Donna C. — 1 Yr Boots — 3 Yrs
 Brian T. - 17 Yrs Bernard R. - 1 Yr
 Joey C. — 16 Yrs Jon M — 34 Yrs
 Justin R. - 11 Yrs Tami L. — 10 Yrs

PRIMARY PURPOSE

Derrich R. - 13 Yrs Greg P. - 10 Yrs
 John E. - 33 Yrs Vicki B. - 39 Yrs

UTAH STATE PRISON - HOUR OF HOPE

Jon V. - 30 Days Caleb A. - 30 Days
 Julian B. - 1 Yr Michael M. - 18 Mo

AND TO THOSE WE MISSED!

Email group birthdays to lifeline@saltlakeaa.org or bring them to Central Office at 80 W Louise Ave (2860 S.) SLC, UT 84115. Need by the 20th of each month.

Responsibility Statement

I am responsible,
 when anyone, anywhere,
 reaches out for help,
 I want the hand of AA
 always to be there,
 and for that
 I am responsible.

UPCOMING EVENTS



Plain Language Big Books are available at Salt Lake Central Office for \$11.00

Call first, due to limited supply.



Dixie Winterfest 2025, March 14-16, 2025

Celebrating 27 years of Fun in the Sun

The Washington County Fairgrounds

Legacy Park - New Harmony Building

Details at www.dixiewinterfest.org

Central Office of Salt Lake
Presents

"THIS WILL NEVER WORK"

13th Anniversary

All-Volunteer Central Office

- ⇒ Food/Fun: Enjoy delicious food and irresistible coffee!
- ⇒ Raffle: Enter for a chance to win a plain language Big Book!
- ⇒ Meet & Greet: Come meet the board members, committee chairs, and our amazing volunteers!

SAT 18 JAN	CENTRAL OFFICE 80 W. Louise Ave (2860 S) 84115	11AM TO 3PM
	801.484.7871	

July 3 -- 6, 2025: AA International Convention in Vancouver, British Columbia, Canada. Vancouver will welcome A.A. members from around the world. This will mark the 90th anniversary of the beginning of our Fellowship's founding. The International Convention will take place at the Vancouver Convention Centre and BC Place Stadium.

Save the Date!

2025 A.A. International Convention

July 3-6, 2025

AA.org/InternationalConvention

QR Code: Scan here!

VANCOUVER 2025
Language of the Heart
Lenguaje del corazón
Le langage du cœur

UPCOMING EVENTS

HOSTED BY DISTRICT 9
IN MOAB, UTAH

◆ AREA 69 ◆ COMMITTEE MEETING

SATURDAY FEB. 22, 2025

9AM-5PM @ MOAB VALLEY INN
ADDRESS: 711 S. MAIN STREET
8:30-9AM NEWCOMERS BLOCK
8:30AM REGISTRATION
LUNCH NOT PROVIDED

AREA ZOOM MEETING MEETING ID:
879 3198 3200
PASSCODE: 109417



LOCAL AA MEETING: FRIDAY, FEB 21ST
8PM - TRIANGLE HOUSE - 84 W 100 S
ZOOM ID: 96052595039 PASSWORD 417408

◆ LOCAL HOTELS ON BACK OF FLYER ◆



Area 69 (Utah) 

Plain Language Big Book Read-Through

Hybrid Meeting
Saturdays at 9:00 AM
Starting January 25th



In Person:
Salt Lake Central Office
80 W Louise Ave
South Salt Lake City, UT 84115



Zoom:
Meeting ID: 93369930357
Password: aa



Please send questions to Area Literature Standing Chairperson:
area69literature@aaofutah.org

2025 Central Office - Open Board & Committee Chairs

Trustee at Large (District 11 liaison)

Alternate Trustee At Large 1

Alternate Trustee At Large 2

Website

Volunteer

Archives

Treatment & Accessibilities

Corrections

Cooperation with Professionals:

Coins

Alternate Technology

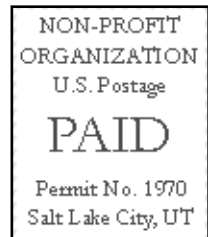
Please share your step 2 (1 page story) "Came to believe that a Power greater than ourselves could restore us to sanity." Please submit to Danny by

1/20/25 at

lifeline@saltlakeaa.org to share in next month's newsletter.

Central Office Volunteers are always welcome. Contact Kim at volunteer@saltlakeaa.org or call (801) 484-7871 or visit us at 80 W. Louise Ave Salt Lake City, UT.

Central Office of Salt Lake Incorporated
80 West Louise Avenue
Salt Lake City, Utah 84115



**Central
Office
Website**



SALT LAKE CENTRAL OFFICE

801.484.7871

80 West Louise Avenue (2850 S)
Salt Lake City, Utah 84115

HOURS:

Monday-Friday: 10-5

Saturday: 10-2

CALL FOR HOLIDAY HOURS