

LIFELINE

Salt
Lake
Central
Office
Newsletter

October 2024



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THIRSTY

Father Martin once said, "What happens to an alcoholic when he stops drinking? He gets thirsty!" I believe that is exactly the case, even if metaphorically. The first time I quit drinking I quenched my thirst with alcohol, driving me further into the abyss of despair. By the time I quit drinking again I had made the admission of powerlessness. I had to find something other than alcohol to quench my thirst. That's when I discovered the fellowship of Alcoholics Anonymous. The fellowship would quench my thirst for a full year.

After a year, I had come to desire what the fellowship had and what I had lacked. I began to thirst after recovery. Recovery would quench my thirst and meet all my needs for the next three years. When I was drinking, I often invited my closest friends to meet up with me at my favorite bar. Now I was sober, I wanted to invite my closest former drinking buddies to my favorite meeting. Not only was recovery quenching my thirst, but I wanted my drinking buddies thirst quenched by recovery, too. I know that at least two of them found sobriety.

Then I discovered that it was possible to thirst for more than one thing at the same time. I had friends

in the fellowship, but that was not enough. Now I was beginning to thirst for companionship. This was more than just dating. I'd been on many dates in sobriety, but it didn't necessarily spell out the companionship I was thirsting for. After two years of thirsting for companionship, I found and married the woman who would quench my thirst for the rest of my life.

I was now drinking fellowship, recovery and companionship, yet I was still thirsty. I became thirsty for education. I returned to school and over a period of several years of drinking from the collegiate knowledge fountain, I graduated with a Bachelor's degree in Computer Science.

Sometimes you're thirsty for something you don't really know you're thirsty for. That is the case with family. At ten years of sobriety, the stork showed up to deliver a child. After taking a few sips from the family cup I became thirsty for family. My wife, my son and I made a family. My son was also someone's grandson. This was a larger family. These people quenched my thirst for family.



Cont on Pg. 2

THIRSTY

Cont from pg. 1

Then I had a desire to be useful. I was thirsty to be gainfully employed. What good is it to be sober if you don't do anything with it? I had been a sponsor before, but now I thirst for it. Since about 1982, I've never been without a sponsee.

I've been a GSR eight times, DCM three times and a standing chair three times. What good is it to have children if you don't raise them? I had wanted to be a dad, but now I thirst for it. What good is it to have an education if you don't use it? I had worked with computers before, but now I thirst for it. I landed a job with the largest hospital system in America as a computer programmer to create the electronic medical record. My thirst to be useful was quenched by service, family and employment.

Most of my family is gone. I am no longer employed. I've rotated out of service. Yet I still thirst. I like what I have, and I know I need to give it away to keep it. In a way, I thirst to give. I quench my thirst at meetings, working with others and being helpful where I can.

- *Anonymous*

Responsibility Statement

I am responsible,
when anyone, anywhere,
reaches out for help,
I want the hand of AA
always to be there,
and for that
I am responsible.

Subscribe to Lifeline via email
or USPS at www.saltlakeaa.org

SALT LAKE CENTRAL OFFICE

Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

1. To carry the A.A. message and help those individuals who suffer from alcoholism.
2. To maintain a 24-hour Twelve-Step phone service, and to answer phone inquiries as needed.
3. To provide an A.A. listing in appropriate public sources.
4. To function as a clearing house for the circulation and exchange of information among all of the A.A. Groups in the area.
5. To compile, update and print meeting lists and other information about local A.A. services.
6. To maintain A.A. Conference approved literature and Grapevine literature for sale to members and the public.
7. To print and distribute a newsletter.
8. To be available to those in the community seeking information about alcoholism and A.A.
9. To maintain contact, refer inquiries and cooperate with General Service Committees and local groups.
10. To arrange, delegate, or manage the details of all Central Office events or any other functions approved by the CO Committee.
11. Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions and promotion thereof.
12. Provide a limited number of Anniversary coins.
13. Such other activities that are consistent with the principles of the Twelve Traditions.



Dr. Bob

Bill W.

BLAST FROM THE PAST

ARE YOU HAVING TROUBLE WITH YOUR CAR?

In the writer's mind, an alcoholic is like a car. As an example, let me put my case as a comparison:

When I first came off the show room floor I was brand new, not a scratch anywhere and I had an "A-1" motor, snappy and dependable and with power to spare. I was broken-in with care and was handled with kid gloves. I was as good as any car on the road, in my class.

During my break-in period I always had the best of fuels and lubricants, was always serviced and checked at the proper time. Then one day I tried a different fuel, just for the kicks. Man! Was it high powered - I zipped along on a cloud, my speed was unlimited and I felt no strain anywhere. No curve was too sharp, what a feeling it was to me. The next morning I felt just a little sluggish, not too much, as it wore off during the day and previous night. I was as good as new. I had made up my mind that I would try that fuel again as soon as pay day rolled around.

The fuel I was using was called "alcohol." I used it time and time again with the same results - until one day I found I couldn't get started as quickly as I used to start and as a result I was late for work. The following morning I started pretty good and made it to work on time and so I continued to try alcohol at every chance I got, with the results that every time I did I was hard starting the following morning. I then discovered that "if I took a shot in the A.M. before I started I would kick over a lot better." So, I then got to the point where I would have a shot handy all the time - and I soon learned that I needed just that!

My motor was acting up and I began to rattle and shake quite a lot. I decided that I required a good tune-up, so I wheeled into a garage one day and had the "doctor" of motors check me over. He found that my valves were burnt and my whole system was plugged with a residue due to using too much alcohol. He made the necessary repairs and flushed me out advising not to use alcohol any further and admonished that if I did, serious damage would be the result.

I followed that advice for a while but I couldn't overcome the feeling that "just a little" wouldn't hurt me. I wasn't long that I found myself back at it again and stronger than ever before. I started to get all banged-up and was usually towed home every night due to the fact that I could not get my motor to operate under its own power. During this period I had several accidents, but none too serious and was merely "reprimanded" for the infractions.

For my own self, as well as the sake of others, I tried to quit using this "high test fuel" called alcohol, but I found it too great a hold on me and consequently I didn't know what to do or who to see about it. Finally, the big crash came. I was a complete wreck and in serious trouble as I was ordered off-the-road and sent to the junk pile to keep

from harming others. I thought it was actually the end of the road, that everything has ended for me and that no one would care to help me now.

Oh God, I thought, if you are real - help me now! I am willing to do anything to overcome my weakness Oh God, if only it were possible to repair this great damage I'd vow never to be careless again, nor to permit myself to end up in this yard of wrecks again.

Then I heard of AA - to go along with the comparison- let's say it is the "Automotive Association." I didn't know what the AA was or how it operated but my God, I prayed, I had to be helped. I wheeled into this AA garage in hopes they had something for me. I looked around to see what miracle was going to happen, as I myself, was thoroughly convinced that a miracle was necessary in order to repair my damaged car!

All I saw in this garage were others in the same shape as myself, with the exception that they didn't appear quite as banged up as I. Then one of those present started to talk and I listened to every word he said, to my surprise he sounded as if he was talking about me! Everything he was telling is what I would have said about myself!

I immediately began to feel relaxed and better inside - for here were others who had the same troubles as I had and yet they were definitely on the road to recovery. The more I listened the greater I became convinced that should I try to follow the outlined program with sincerity and conviction the mechanics connected with this garage would help me - and further, that each time I wheeled into this AA garage, some part of me would be repaired and if I stuck with it all the way I would eventually be overhauled and my body put into whole shape again.

I was told that I had to believe in a power greater than myself and I am grateful that I had the sense to realize that it would take a greater power than me to repair the wreck I had become - so I continued checking with the AA garage. Soon I began to notice the results of their work and that the "greater power" was doing for me what He had done for others.

This realization has instilled the inner reformation of confidence and I believe - yes - I believe that with His continual help I will soon be able to return to the Highway called normalcy and will be able to stay on the road to success. Of course periodical checkups with the AA will be necessary as an insurance policy - and this is one car that will remember where service is the best in all ways!



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CENTRAL OFFICE Board of Trustees

Chair — Wade J. board@saltlakeaa.org
Co-Chair — Shannon M. cochair@saltlakeaa.org
Secretary — Jennie S. secretary@saltlakeaa.org
Treasurer — Chris G. treasurer@saltlakeaa.org
Trustee (2) — John S. trustee02@saltlakeaa.org
Trustee (10) — Declan trustee10@saltlakeaa.org
Trustee (13) — Alan B. trustee13@saltlakeaa.org
Trustee (11) - Philip W. trustee11@saltlakeaa.org
Alt Trustee — 2 OPEN POSITIONS

SEVENTH TRADITION Contribution Addresses

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Area 69 Treasurer
PO Box 18134
Kearns, UT 84118

District 10 Treasurer
P.O. Box 57271
Murray, UT 84157

Salt Lake Central Office
80 West Louise Ave.
Salt Lake City, UT 84115
(Please include group name)

District 2 Treasurer
P.O. Box 615
Salt Lake City, UT 84110

District 11 Treasurer
P.O. Box 461
Bountiful, UT 84011

District 13 Treasurer
P.O. Box 95383
South Jordan, UT 84095

CENTRAL OFFICE Standing Committee Chairs

Activities — Kim B. activities@saltlakeaa.org
Archives — Ben H. archives@saltlakeaa.org
By-laws — Brad C. bylaws@saltlakeaa.org
Literature — Jim S. literature@saltlakeaa.org
Coins — Kathy M. coins@saltlakeaa.org
Public Info — OPEN pi@saltlakeaa.org
Cooperation with Professionals — Karmina B. cpc@saltlakeaa.org
Corrections - Serena C. corrections@saltlakeaa.org
Outreach — OPEN outreach@saltlakeaa.org
Hotline — Max D. hotline@saltlakeaa.org
Newsletter — Danny B. lifeline@saltlakeaa.org
Technology — Elan B. it@saltlakeaa.org
Treatment & Accessibility — Charlie T. treatment@saltlakeaa.org
Twelfth Step - Charlie C. 12step@saltlakeaa.org
Volunteers — Bob C. volunteer@saltlakeaa.org
Website — Jeff P. webservant@saltlakeaa.org

Do you have a new AA meeting or a local AA event you would like to add to the Central Office Website?
Please contact Jeff at webservant@saltlakeaa.org

Please share your one page story on Step 11, "Sought through prayer and meditation to improve our conscious contact with God, as we understood him, praying only for knowledge of His will for us and the power to carry that out" Email your story to lifeline@saltlakeaa.org by 10/19/24

Central Office Meeting Minutes - September 2024

"Serving Our Community for Over 75 years"

BOARD OF TRUSTEES

Chair: Wade J. – Introductions: Josh read the Central Office Preamble.

CO-Chair: Shannon M. – n/a

Secretary: Jennie S. – New reps, send email/phone number to secretary@saltlakeaa.org or come see me after the meeting. There are flyers available for the open positions coming up for election in November. Motion to approve August minutes made by Max, Elan seconded.

Treasurer: Chris G. – Please find the P&L and group contributions. (Reference new Purple Can sheet)

- Group contributions were significantly down in August YoY, but we are still up 8.71% in 2024 vs 2023. We turned a modest profit in August.

- In other news, there were a couple of issues with payments to GSO for literature orders that I had to iron out. Apparently we had checks that bounced in 2023 and some outstanding invoices totaling \$7,772.50. I authorized payment of that balance yesterday, and it will assuredly lead to a loss this month. We also had an issue with the debit card - somehow the address was updated to SLC from Salt Lake City, and we could not place any new orders until that was corrected (also yesterday). We have sufficient funds to cover everything, but this was certainly an unexpected expense, and is a testament to why we keep a prudent reserve.

- Motion to approve Financials made by Elan, Danny seconded.

Trustee at Large: John S. (District 2 Liaison) –

Meeting last night - they are allocating money to send 2 reps to PRAASA in Alaska. (Reference District 2 Newsletter)

Trustee at Large: Declan (District 10 Liaison) –

- In District 10, there's been a bit of upheaval at the Alano Club, seeing its second resignation of a chairperson of the board inside six months. This time it came with the accompanying loss of all but one employee. A new chair stepped in and the board's been working to keep the club running for all groups. As a result, they've seen uninterrupted continuity of meetings hosted at the club. I was chatting with Todd, the DCMC before last night's meeting, and he assured me that AA has barely felt the impact. Credit to Shurone, the new chair, for doing a great job.

- During the Pre-Assembly workshop, District 10 learned that their Literature Chair's position was a bit out of sync with the standard role for that chair. Their literature chair has been acting as more of a communication chair, coordinating district happenings, finances, and meeting minutes to publish their district dispatch. So they're presenting a motion to transition their Literature chair to a Communication Chair and then create a new chair position for literature.

- Announced our upcoming Central Office elections and encouraged district members to have a visit with Central Office.

- District 10 is preparing for their own upcoming elections in September and have published a District Election Procedure guide, spending most of last night covering the upcoming event.

Trustee at Large: Phillip W. (District 11 Liaison) Excused.

- District 11 meeting held 8/14. 21 people in attendance including 2 new GSRs

- Literature chair is partnering with District 12 to man a booth at Ogden Recovery Days in September.

- Meeting ended with presentation on Tradition Four presented by one of the GSRs.

Trustee at Large: Alan B. (District 13 Liaison) –

- Hello Central Office Reps! The District 13 GSR meeting was well attended with a headcount of 28. We had 3 visitors from Area 69. David R; Delegate, Teresa M; Alternate Delegate; and Mike F; Area Chair. They gave us both General Service Conference Updates and Area 69 Information.

- There were two new General Service Representatives (GSRs) and one new prospect checking out the meeting. There were also several others exploring and considering service positions. Dusty stood for the Communications Chair and was voted in so the New Brew should commence next month.

- There are many great meetings in District 13 and most of them are well attended. You can find large, medium, and small meetings in District 13.

- District elections are coming up in District 13 just as they are here at Central Office. If you have any questions on any of the positions please feel free to ask us questions and come have some fun with us. Thanks for your support of Central Office. We appreciate you very much.

Alternate Trustee at Large: (2 OPEN Positions) The vote for leaving both these positions open until elections in November PASSED unanimously last month.

STANDING COMMITTEE CHAIRS

Hotline Telephone: Max D. – Things running smoothly. All positions filled and 2 volunteers on standby. Wade gave a shout out to Max for raising the percentage of volunteers taking calls from 26% to 100% over his 2 year term.

Twelfth Step: Charlie C. – The 12th step list has been updated multiple times. He has been in the position for 3 years so he will definitely be stepping down. He has 12th step lists to be distributed.

Activities: Kim B. – Annual Chili Cook Off is on Saturday October 5th from 5:30 to 8 PM. Location: St. Vincent DePaul, 1385 Spring Ln. (5100 S.) This is a potluck event with a speaker at 7:00 pm. There will be 3 awards and 2 honorable mentions.

Newsletter: Danny B. – Looking for Step 10 and 11 submissions, as well as additional Group Birthdays. Email submissions to lifeline@saltlakeaa.org or bring in to Central Office.

CENTRAL OFFICE MEETING MINUTES – SEPTEMBER 2024

STANDING COMMITTEE CHAIRS

Outreach: OPEN

Website: Jeff P. - Traffic essentially identical to July - 5,300 visitors, some event submissions.

By-Laws: Brad C. - Monthly meeting will be held in-person on 9/26 at 6 PM at the Alano Club in Murray. He's collected 16 suggestion submissions over Zoom that need to be sorted out. Email: bylaws@saltlakeaa.org

Volunteer: Bob C. - Central Office had some electrical problems that were cleared up by the landlord of the building. They worked with Rocky Mtn Power and an electrician, and it seems that they made things more efficient.

Literature: Jim S. - Resolved credit card issue with GSO. He increases discounts through bulk ordering but essentially holds a prudent reserve in book inventory. Wade's directive: Don't run out of Big Books and 12/12's! Pocket editions of Big Book have been ordered and on their way. Bob has been making Newcomer packets.

Archives: Ben H. - Ben Alcoholic and Archives. Thanks to Morris for his book drop off. A new area of the display case is being used. A lot of new cassette tapes are in the audio soundcase. Thanks for all the Archives drop offs and thanks for letting me be of service.

Treatment Facilities and Accessibilities: Charlie T. Looking at moving meetings into nursing homes. Grapevine's vodcast is up and running as of July 1st. Salt Lake has sent around \$1000 in donations to support the vodcast, and his specific home group has authorized him to use purple can collections.

Corrections: Serena C. - SL Metro inmates now have access to correspondence forms to be completed and sent to New York World Services. They have a pen pal program for inmates who have at least 6 more months left on their jail sentence. It allows regular AAs on the outside to correspond with inmates from other states. We're also working toward a list of AAs who are willing to sponsor inmates upon release.

Cooperation with Professionals: Karmina B. - excused Still trying to get in with Sego Lily abuse center.

Pubic Information: — OPEN

Coins: Kathy M. - Supply of Triplate coins might be affected in the near future, but we are currently good.

Technology: Elan B. - Front desk phone is working again and he made specific notes for his predecessor. The NAATW workshop is this weekend so he will report on this next month. It was decided that John S. will be the 3rd attendee.

Old Business: 2 Items

Item #1: Review verbiage (for By-Laws) describing the "Alternate Technology Committee Chair" position we established last month. See italicized text below: 7.3.15 Technology Committee Responsible for the maintenance

of Central Office computer hardware and software, network infrastructure, cloud services, and all software licensing compliance. Assists the hotline and website committees with the maintenance of their respective systems when requested. The Technology Committee Chair may delegate responsibilities but must maintain administrative access to all systems under the purview of this committee. Wherever possible the committee should favor open-source solutions and leverage the tax-exempt status of the Central Office.

An Alternate Technology Committee Chair may be elected to fill in and perform the duties of the regular Technology Committee Chair when the Chair is unable to do so. The Technology Committee Chair is expected to provide extensive training to their Alternate Chair so that they are able to assist at the same level as the regular Chair. The Alternate Chair will be provided with the same level of access as the normal Chair so they can be of the same level of service; however, this access can be revoked by the normal Chair at any time. ⇒ Motion to accept verbiage **PASSED** unanimously.

Item #2: Discussion/Vote on creating a memorial board for Rusty. Questions on the scope - is this only for Rusty? If not, how would we decide whom to memorialize? Motion taken to spend \$50 for a picture for Rusty had several dissenting votes. Minority opinions were heard: Tullivan's group was against this based on anonymity; Lisa from an AA Group concurred, and also brought up that there is a historic precedent that Dr Bob didn't want a memorial; Jeff D. (online) also spoke against the motion based on breaking the spiritual principle of anonymity.

Brad wanted to remind everyone that anonymity, as stated in the 12 Traditions, is at the level of press radio and films. Result: Several people changed their vote based on minority opinion so Wade reopened the discussion. Vote was retaken and the result was 16 yes/14 no. ⇒ Motion **DID NOT PASS**. Motion tabled, will need to be reopened next year with the new Chair if desired.

New Business: None.

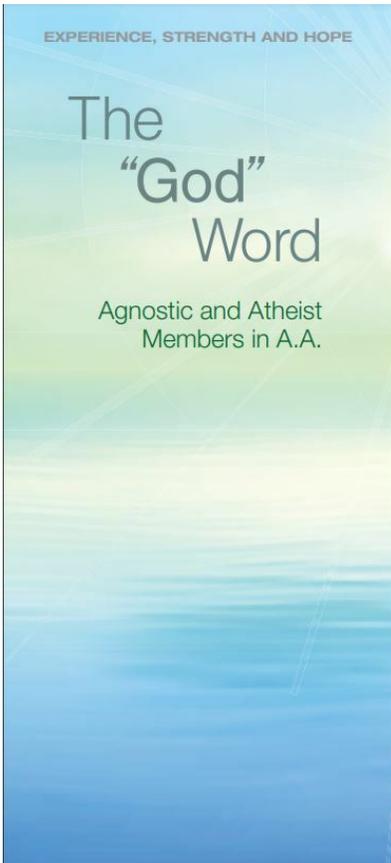
Adjourned at 7:35 pm with the Responsibility Statement.

Next Central Office Rep meeting 10/8/2024 @ 6:30 pm

Volunteer at Central Office www.saltlakeaa.org or email: volunteer@saltlakeaa.org



PAMPHLET OF THE MONTH



A.A. is not a religious organization. Alcoholics Anonymous has only one requirement for membership, and that is the desire to stop drinking. There is room in A.A. for people of all shades of belief and non-belief.

Many members believe in some sort of god, and we have members who come from and practice all sorts of religions, but many are also atheist or agnostic. It's important to remember that A.A. is not a religious organization; we have a simple idea that there is a power greater than us as individuals.

What we all have in common is that the program helps us find an inner strength that we were previously unaware of — where we differ is in how we identify the source. Some people have thought of the word “God” as standing for “good orderly direction,” or even “group of drunks,” but many of us believe that there is something bigger than ourselves that is helping us today.

As A.A. co-founder Bill W. wrote in 1965: "We have atheists and agnostics. We have people of nearly every race, culture and religion. In A.A. we are supposed to be bound together in the kinship of a common suffering. Consequently, the full individual liberty to practice any creed or principle or therapy whatever should be a first consideration for us all.

Let us not, therefore, pressure anyone with our individual or even our collective views. Let us instead accord each other the respect and love that is due to every human being as he tries to make his way toward the light. Let us always try to be inclusive rather than exclusive; let us remember that each alcoholic among us is a member of A.A., so long as he or she declares."

Whatever you do, please don't let someone else's religious beliefs prevent you from finding the solution that is available to you through Alcoholics Anonymous.

JOKE OF THE MONTH

A man visited his doctor, and the doctor checked him over before commenting, "It looks like you get a fair bit of exercise."

The man replied, "Oh yeah, in fact, just the other day I walked 5 miles over rugged terrain as I climbed over rocks and trees. I also waded along the edges of a lake, pushing my way through tall thistles, and even slid down sandy slopes while getting sand in my eyes."



The doctor was quite impressed, "Well , you are certainly a dedicated outdoor enthusiast."

The man replied, "not really, doctor. I'm just a really bad golfer."



I was out boating on the lake when I saw the brown head of a dog in the middle of the lake. I couldn't believe it: I could barely see the shore from where I was. Who would have dumped their dog into the middle of the lake to drown? I sped up my boat, heading straight toward the dog, intent on bringing it into my boat before it could drown. I got closer, and it turned its head and roared at me. I promptly changed my mind and decided that the small brown bear was perfectly capable of swimming to shore on its own power.



CENTRAL OFFICE FINANCIALS – AUGUST 2024

<u>Income Statement</u>	2024	2023
<u>Revenue</u>		
Group Contributions	\$2,322.79	\$3,940.30
Contributions - Other	\$935.08	\$865.27
Purple Can Contributions	\$225.05	\$637.14
Sales of Product Income	\$8,907.25	\$8,336.69
Total Income:	\$12,390.17	\$13,779.40
Total Cost of Goods Sold	\$6,025.45	\$6,162.53
GROSS PROFIT	\$6,364.72	\$7,616.87
<u>Expenses</u>		
Accountant	\$630.00	\$630.00
Square fees	\$203.41	\$206.28
Cleaning, Snacks & Office Supplies	\$202.65	\$284.47
Cash Over Short	\$260.29	\$(39.17)
Freight, Shipping, & Licenses	\$126.00	\$ -
Phone & Internet	\$252.08	\$243.90
Printing, Paper & Reproduction	\$306.80	\$437.68
Purple Can Expenses	\$600.00	\$200.00
Newsletter/Activities/Literature	\$ -	\$818.99
Building Repairs	\$ -	\$12.57
Rent	\$1,500.00	\$1,500.00
Software, Hardware, Alarm	\$482.18	\$467.04
Utilities	\$519.50	\$445.37
Website	\$23.99	\$23.99
Total Expenses:	\$5,106.90	\$4,792.69
NET OPERATING INCOME	\$1,257.82	\$2,824.18
Interest Income	\$68.02	\$37.27
Net Income:	\$1,325.85	\$11,384.58

Please Note: According to the Central Office Bylaws it is required to have 6 months overhead in the prudent reserve. Average monthly costs are \$5,000 per month, or \$30,000 for 6 months. Thank you everyone for your donations!!

GROUP CONTRIBUTIONS – AUGUST

5-15 Happy Hour	\$60.00
Basic Young People	\$115.00
By the Book	\$191.04
Central Office Picnic	\$207.00
Early Beginnings	\$100.00
Fresh Air Serenity	\$52.00
Garden Variety	\$180.00
Greater Kearns	\$75.00
Magna Friendly Bunch	\$300.00
Off the Cuff	\$99.40
Old Timers Speaker	\$50.00
Primary Purpose	\$175.00
Richards Street Lunch	\$100.00
Rule 62	\$126.40
Salt Lake Mens E Church	\$350.00
South Davis	\$200.00
Stepping Stones	\$40.00
Sugarhouse Men	\$327.00
Thunder Heart	\$100.00
Unknown	\$460.00
Women in Sobriety	\$50.00
Monthly Total:	\$3,357.84
2023	\$4,784.00
Year Over Year Change	-29.81%

Thank you so much for all the groups and individuals who donated this month.

Donate here



BIRTHDAYS

UNITY LUNCH BUNCH

Derick — 30 Days Camron - 30 Days
 Jessie — 60 Days Sami — 60 Days
 Jerramy — 9 Mos

THUNDER HEART

Sherrill — 6 Mos Mike - 1 Yr
 Bruce - 21 yrs Calvin R. - 11 Yrs
 Blake B. - 13 yrs Keith M. - 3 Yrs
 Phillip B. - 3 Yrs Mike I. - 1 Yr

SPEAK EASY LADIES GROUP

Ann M. - 28 Yrs MaryJo - 39 Yrs
 Melea A. 8 Yrs

PRIMARY PURPOSE

Colin W. - 12 Yrs Jeremy C. - 11 Yrs
 Keith M. — 3 Yrs Lon W. — 31 Yrs
 Mark A. - 5 Yrs Suzanne B. - 11 Yrs

GRAPEVINE

Adam — 60 Days Weston — 90 Days
 Cody — 90 Days Vaughn — 9 Mos
 Zander - 18 Mos Dustee — 1 Yr
 Mckenzie - 2 Yrs Lexi — 3 Yrs
 Dave — 5 Yrs Amelia 1 Yr
 Erica — 1 Yr Matt — 18 Mos
 Holly — 10 Yrs Aria — 6 Yrs
 Ben — 6 Yrs Amber — 6 Yrs
 Charlie — 6 Yrs Karen — 14 Yrs

CANDLELIGHT

Chelsea - 6 Mos Phil B. - 1 Yr

UTAH STATE PRISON - HOUR OF HOPE

Trevona - 2 Yrs Jordi - 1 Yr
 Angel A. - 3 Yrs Chris B. - 3 Yrs

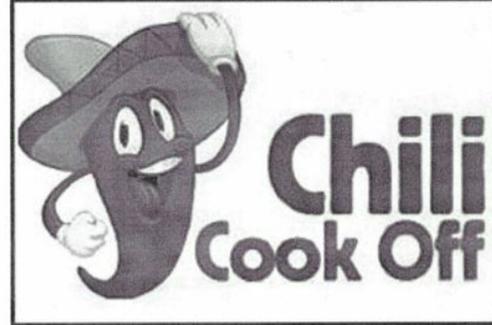
AND TO THOSE WE MISSED!

Email group birthdays to lifeline@saltlakeaa.org
 or bring them to Central Office at 80 W Louise
 Ave (2860 S.) SLC, UT 84115. Need by 10/25/24.

UPCOMING EVENTS



Salt Lake CENTRAL OFFICE AWARDS



Peoples Choice
(2) Honorable Mentions

POT LUCK

Bring:
Side Dishes
Desserts
Beverages
...and Friends

Location: St. Vincent DePaul-1385 Spring Lane/5100 So.

Date: Saturday October 5th 2024
- Time 5:30-8:00 PM

Speaker 7:00 PM

Miracles Happen in Recovery

FALL FELLOWSHIP WEEKEND
OCT. 18-20, 2024
AT COMFORT SUITES
2250 S. 1200 W.
OGDEN, UT. 84401

REGISTRATION IS NOW OPEN!

- Single Ticket - \$25
- Families 3+ - 40
- Use the Venmo link below or contact Debbie A. to arrange another method of payment.

REGISTER NOW:

- Lodging is \$107 a night.
- Register and pay via Venmo
 - Please comment w/ your full name, phone #, and email address.



Fall Workshop 2024

Hosted by District 8
November 2-3, 2024

Nuche Civic Community Center
7723 Small Loop Road
Fort Duchesne, Utah
(not Duchesne)

Accommodations:

*Best Western - 435-725-1800 Comfort Inn - 435-722-1171
2477 US-40, Ballard 2197 US-40, Ballard
Americas Best Value Inn -
435-722-4644
2203 US-40, Ballard

*If you are planning on coming in on Friday night, please join our meeting:

**"Healing Blankets of AA" 7 p.m.

*Nuche Civic Community Center

UCYPAA Host Committee's

BONFIRE PARTY

Friday, October 4th @ 6:30 pm
2503 S 600 E, Salt Lake City, UT

\$10 SUGGESTED DONATION 

For questions about this event contact: **Riley 310-491-6441**
Ask us how to join the committee: **UCYPAAHOST@GMAIL.COM**

CENTRAL OFFICE
SALT LAKE
(801) 484-7871

Board & Committee Elections

November 12th @ 6:30 PM
80 W. Louise Ave.

All Committee Chairs:

- Hotline
- Twelfth Step
- Activities
- Newsletter
- Outreach
- Website
- By-Laws
- Volunteer
- Literature
- Archives
- Corrections
- Public Info
- Technology
- Assist Technology
- Cooperation with Professionals
- Treatment Facilities & Accessibilities

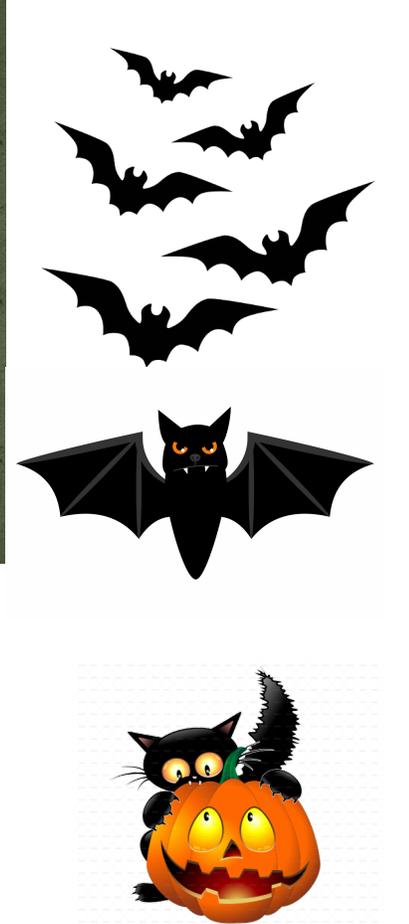
Board Positions:

- Chairperson
- Co-Chairperson
- Trustee at Large Dist 2
- Trustee at Large Dist 10
- Alternate Trustee at Large

BYLAWS



Alano West Halloween Costume Party
October 19th 6:00 PM.
Bring the whole Family, a Potluck Dish, and a Raffle Prize.
Costume Contest- Prizes for 1st, 2nd 3rd Place.



Alano West Club - 9087 W 2700 S
Magna, UT



Central Office of Salt Lake Incorporated
80 West Louise Avenue
Salt Lake City, Utah 84115



**Central
Office
Website**



SALT LAKE CENTRAL OFFICE

801.484.7871

80 West Louise Avenue (2850 S)
Salt Lake City, Utah 84115

HOURS:

Monday-Friday: 10-5

Saturday: 10-2

CALL FOR HOLIDAY HOURS